



## Save the Date!

The Network for a Healthy California—Latino Campaign and  
El Sol Neighborhood Educational Center in support of the  
**Latino Health Awareness Month**  
invite you to attend

# Photos for Change

**A public round table & gallery walk to bring together community leaders, public health advocates and residents to call for continued movement toward healthy change.**



Thursday September 22<sup>nd</sup>  
8:30 a.m. to 12:30 p.m.

Community Hospital of San Bernardino,  
Henderson Auditorium -1805 Medical  
Center Drive., San Bernardino, CA

### Who should attend?

- City managers
- Mayors
- Community members
- City, county and state officials
- Grass roots nutrition and physical activity advocates
- Park and recreational professionals
- Public health professionals
- Health services providers
- Urban planners

## Facts

- Obesity is a serious health problem facing the Latino population
- San Bernardino County is battling an obesity epidemic, with more than 71 percent of low-income residents ages 18 and above currently overweight or obese
- Latinos report the highest rates of food insecurity. Food insecurity is linked to obesity
- Latinos report difficulty getting fruits and vegetables when eating out

<sup>1</sup>California Department of Public Health, *Network for a Healthy California*, Research and Evaluation Unit, 1997-2009 *California Dietary Practices Survey* (CDPS).

Background and documentation for CDPS is available at: <http://www.cdph.ca.gov/programs/cons/Documents/Network-REU-CDPS-Background.pdf>



**Please RSVP by Friday September 12<sup>th</sup>**  
to **Leticia Salazar Allen**, at (909) 387-6851 or [llen@dph.sbcounty.gov](mailto:llen@dph.sbcounty.gov)